

Trail News

Presented by Trisha Taniguchi, Region 1 Trail Advocate



Upcoming Events:

****2020 rides in Region 1 have been cancelled due to COVID-19, stay tuned for 2021 updates****

Be safe and stay healthy!

We cannot wait until you can 'come ride with us' when the time is right.



Susan Travers and Rebels Aliza at one of the 2019 Jackson Forest rides.

2020 Challenges

As trail riders, it is likely most of you already live by the motto "expect the best, plan for the worst". But who would have thought here in August we would be five months into a pandemic that has impacted our community in so many ways? Nevertheless, I hope you all have plenty of tools in your toolbox to get through these trying times and still get to do some of what we love.

Get out and ride! Connect with NATRC members whether that be a socially

distant ride or perhaps over the phone. Consider participating in one of the [virtual challenges](#) or refresh your skills through our [webinars](#). Challenges include mileage through November and monthly obstacles through September. Although this year looks vastly different for our organized rides, capitalize on the opportunity to refine your skills, condition, and come back as a team to be reckoned with when rides are back underway!

Trail Closures

Trail closures remain dynamic on [federal](#), [state](#), and county levels. Be sure to check your local park before heading out on a trip. Camp grounds are also being impacted with a reduction in visitor capacity in some locations. Almost statewide, public land managers are requesting that visitors keep to their local parks, wear a face mask when around others, and maintain a 6ft distance from those not from your household. Additional closures can be expected on holiday weekends to prevent over-crowding.

Wildlife Encounters

Changes in public land use and the drastic fluctuations in visitor numbers seem to have a correlation with an increased number of wildlife encounters. I for example, have noticed more bears and snakes present on my trail rides. Knowing how to prevent an unwanted interaction and how to be safe around wildlife is critical for a sport like ours where we ride through the territory of many critters. The CA Department of Fish and Wildlife has [resources](#) available to better understand and maintain positive interactions with wildlife.



Riders in the Open Division make their way down the trail at the Mount Diablo ride last spring.