

# The Leadline

The Voice of NATRC Region 1 Competitive Trail Riding



[www.natrcregion1.org](http://www.natrcregion1.org)

Spring 2015

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## Davis Spring Event and Awards Presentation 2015

By Linda Thomason, Region 1 Outreach/Publicity Chairperson

The sun was bright as the early bird volunteers showed up to help set up for our event. There are always "things" to do when setting up for these events and I do want to extend a heartfelt "Thank You" to everyone who helped.

Davern Kroncke deserves special mention for arranging the event – the speakers, lunch, meeting room etc. Unfortunately Davern was unable to attend but she did a great job in coordinating beforehand.

During the year, Betty Young scoured Ebay and many sales and managed to procure wonderful award items while keeping Region 1's expenses within reason. Thank you, Betty, for the dedication and many hours of hard work on this.

At rides, you often see Jamie Dieterich out on the trail taking pictures which she uses for the awards presentation, coordinating the rider/horse picture with the awards as they are presented. It's always a great job and very enjoyable for the attendees!! Thanks, Jamie, for all you do!

Donna Stidolph, our wonderful and talented website manager, carted the Region 1 power point projector and computer from Santa Cruz to Davis – just in case something occurred and we couldn't use the Davis projector/computer.

Thank you, Vicki Boicelli, for handling the registration process. This task can be a bit overwhelming when multiple people come at you at one time! And thanks to Gene Boicelli for doing whatever Vicki and I assigned him to do!

Phil Young, our Region 1 treasurer, manned the voting and membership desk. Thanks for his patience to sit there and collect the information from members who voted on candidates for the Region 1 Board of Directors. Davern Kroncke and Phil Young were re-elected.

When you see these folks at rides, please thank them for all the behind the scenes work they do. We couldn't do it without them!!

Our guest speaker, Dr. Gary Magdesian, is well-known and respected in his field. I had tried for many years to get him as a speaker for prior NATRC conventions/ events. He spoke primarily on Equine Metabolic Syndrome. He discussed Cushing's Disease (now called PPID, or Pituitary Pars Intermedia Dysfunction) and how insulin resistance plays a part in this disease. He spoke about some of the ways we feed our horses and how this contributes to certain disorders. An interesting comment was that we can provide a

(Continued on page 3)



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<b>See <a href="http://www.natrc.org">www.natrc.org</a> for National Board, Committees, and Secretaries</b>	

## *Letter to the Membership...*

Hi all,

As you may have heard I'll be your new Chairman of the Board of Directors for the coming year.

First of all I would like to thank outgoing National Board member Joe Pimentel for his time and service to Region 1 and to welcome back Jamie Dieterich to the National Board for Region 1. I encourage everyone to contact myself or any of the other board members anytime you have questions or concerns. We are all here to help you in any way we can.

We will be having a very busy year working on the 2016 National Convention, to be held in Reno, NV. If anyone has the time we would appreciate any help you can provide.

With this being the beginning of the ride season and considering we are always looking out for the safety of the horse, perhaps taking a quick look at the trailer is in line. Some things to look at are:

**Tires** Does the pressure on the tire gauge match that on the side wall in small print? How does the side wall and tread look? (No side wall cracks and you can NOT see any part of the whole head on a dime when the dime is inserted into the tread with head upside down in tread.) Is the tread even across the tire? If you're in question it may be a good idea to drive down to your local tire shop and have the tires checked out by the Pros. When's the last time the bearings and brake linings were looked at? How's the spare doing? Check for the jack and handle. (Me, I like to replace the tires one size heavier than what came from the factory just because we always are running a little heavy but not over the factory ratings.)

**Lights** Plug the trailer into the towing vehicle and check all the light functions to make sure all is well. Have someone stand behind the trailer to check running, turn and brake light operations. Are all the lenses in good order?

**Inside Mats** Are they in good shape? How about under the mats? Lift the mats and take a good look at the floor condition. (No rotten wood or metal. Check with a screw driver if it looks spongy.) Are all the boards there? Are all the inside walls looking good? Did the old hay get removed from the hay bags or manger after the last use? (Rotten hay means a rotten day at the vet's place.)

Take a quick walk around the rig to make sure all is well outside and under. Don't forget that a little grease on the trailer ball and sway bars is good. (Helps to minimize the metal to metal wear.) I know I missed something, but if something needs looking at, you'll find it.

Have a safe trip to the next ride, folks.

*Steve Meroshnekoff*

(Continued from page 1)

beautiful field of tall grasses for our horses, and they usually push aside the tall grasses to search for the short ones at the bottom. This is due to the increased sugar content in new grasses, and of course they taste better to our horses!

Dr. Magdesian spoke briefly about some of the work other vets at Davis were doing with premature births. One foal in particular was not allowed to stand on her own because her joints/bones were not fully formed and they wanted to prevent damage. Dr. Magdesian showed pictures of multiple vet technicians using slings to hold up this foal and help her move around without putting weight on her own joints. Needless to say this was not the usual infancy for a foal, and after being handled by humans for many months, she is moving on her own now and must learn to associate with other horses and be part of their world. We

were able to see this filly later in our tour. Dr. Magdesian answered numerous questions from attendees. It was a fun learning experience, and NATRC R1 thanks Dr. Magdesian for participating in our Spring Event 2015. Following the talk, we were taken on a tour of some of the CEH facilities

The awards presentation was held after lunch. Congratulations to the many award recipients- you all did a great job, and most of all we hope you had fun at the rides!!

Of special note were the following awards at the National level:

- 1<sup>st</sup> place Competitive/ Pleasure Horsemanship - Haley Schlerf
- National Champion - Desert Reinbeau, ridden by Angie Meroshnekoff
- 9,000-Mile Rider – Angie Meroshnekoff
- 10,000-Mile Rider Medallion – Jean Armer
- 1,000-Mile Horse – Om El Shakeeb Dream, ridden by Joe Dillard

- 6,000-Mile Horse – Desert Reinbeau, ridden by Angie Meroshnekoff
  - 1<sup>st</sup> place Overall Open Lightweight Horsemanship – Angie Meroshnekoff
  - 2<sup>nd</sup> place Overall Open Lightweight Horse – Desert Reinbeau, ridden by Angie Meroshnekoff
  - Jim Menefee Memorial Combined Horse and Horsemanship – Angie Meroshnekoff and Desert Reinbeau
- There was a “special” gift for Ron York from his wife Debbie, and Ashley and Joe Dillard. The words “Light in the saddle” may take on a whole new meaning from now on!

The Center for Equine Health (CEH) working with U.C. Davis Veterinary School does great work for our equine partners. Almost half of your registration fee went to CEH as a donation from Region 1 to help them continue the research they do on behalf of horses! Thanks to all who attended.

See you all at the rides in 2015!

## Region 1 2015 Ride Schedule

<http://www.natrcregion1.org/>

<b>May 2</b>	<b>Mt. Diablo</b> Ellen Pofcher Jessie Simons	Clayton, CA (925) 672-3733 (925) 672-4348	“B” O/N/CP <a href="mailto:mtnoaks@earthlink.net">mtnoaks@earthlink.net</a> <a href="mailto:mtnoaks@earthlink.net">mtnoaks@earthlink.net</a>
<b>May 16-17</b>	<b>Cowboy Camp</b> Jean Armer Sec: TBD	Williams, CA (530) 755-8301	“A” O/CP; “B” N <a href="mailto:armer@citlink.net">armer@citlink.net</a>
<b>June 6-7</b>	<b>Round Valley Regional Park</b> Gene Boicelli Sec: Linda Thomason	Brentwood, CA (925) 672-6491 (510) 651-9470	“A” O/CP; “B” N LIMIT 45 <a href="mailto:geneboicelli@aircloud.net">geneboicelli@aircloud.net</a> <a href="mailto:linda.thomason@comcast.net">linda.thomason@comcast.net</a>
<b>Return in 2016</b>	<b>Georgetown NATRC</b> Laura Harvey	Georgetown, CA (916) 689-1631	“A” O/CP; “B” N <a href="mailto:hereticsunite@hotmail.com">hereticsunite@hotmail.com</a>
<b>July 18-19</b>	<b>Challenge of the North</b> Leslie Kitchin Sec: Lezlie Wilfer	Fairbanks, AK (907) 479-2661 (907) 474-4631	“A” O/CP; “B” N <a href="mailto:lesliekitchin@gmail.com">lesliekitchin@gmail.com</a> <a href="mailto:wilfer@acsalaska.net">wilfer@acsalaska.net</a>
<b>Aug 22-23</b>	<b>Jackson Forest</b> Steve Meroshnekoff Sec: Maria Pilgrim	Ft. Bragg (707) 743-9973 (707) 795-8163	“A” O/N/CP; “B” N <a href="mailto:iambrewing@aol.com">iambrewing@aol.com</a> <a href="mailto:wolves1961@sbcglobal.net">wolves1961@sbcglobal.net</a>
<b>Sept. 26-27</b>	<b>Lake Mendocino</b> Steve Meroshnekoff Sec: Maria Pilgrim	Ukiah, CA (707) 743-9973 (707) 795-8163	“A” O/N/CP; “B” N <a href="mailto:iambrewing@aol.com">iambrewing@aol.com</a> <a href="mailto:wolves1961@sbcglobal.net">wolves1961@sbcglobal.net</a>

# NATRC National Convention 2016

## Reno, Nevada



*Enjoy the excitement of Reno, fun for the whole family!*

*E-Blasts will be sent out throughout the year to notify members of upcoming convention information. Stay tuned for details.*

Region 1 is hosting the National NATRC Convention in 2016. Once again we will join with AERC in Reno, sharing vendors and speakers. We are forming a convention committee and have numerous positions in need of volunteers. Please contact Maria Pilgrim or Linda Thomason (Convention Co-Chairmen) if you can help out in any manner (positions include manning the hospitality suite, working the NATRC booth in the vendor hall, helping to obtain items for the silent auction, setting up the silent auction, working on the entertainment committee, advertising and publicity,-these are but a few of the volunteer positions open. We will need quite a few of you for the National Convention so please consider helping out- everyone is welcome! This is a great opportunity for family members and non-riders to become involved with NATRC.



™

NATRC Region 1

[www.natrcregion1.org](http://www.natrcregion1.org)

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# Region 1 2014 Year End Awards Presentation

## Credits:

- UC Davis Event: Davern Kroncke and Linda Thomason
- Registration: Davern Kroncke
- Registration desk: Vicki Boicelli
- Membership/Voting: Phil Young
- Awards: Betty Young
- Program: Jamie Dieterich
- MC: Jamie Dieterich
- Go-fer: Gene Boicelli
- Photos: Jamie Dieterich, Laura Harvey, Serena Dudas, Linda Thomason, Darlene Schlerf, Cristy Cumberworth, Bob Dorsey – Catch Light Studios

## National Sponsors:

Be sure to thank and support our national sponsors.

Action Rider Tack  
Carri-Lite Corrals  
Chiggerville Farms

The Distance Depot  
Easy Care, Inc.  
HorsePro Trailers  
Prairie Sylvania Arabians

Riding Warehouse  
Specialized Saddles  
Trailwise Saddles

## Thank you to our generous award sponsors:

**Platinum (\$200 & up):**  
Brian, Darlene & Haley Schlerf -  
B.A.S. Roofing

**Gold (\$100-\$199):**  
Phil & Betty Young  
Linda Thomason  
Joe & Ashley Dillard  
Ron & Debbie York  
Linda Clarke

**Silver (\$50-\$99):**  
Nancy Kasovich

**2014 R1 BOD  
with Thanks and  
Appreciation**

Gene Boicelli  
Laura Harvey  
Davern Kroncke  
Angie Meroshnekoff  
(National BOD)  
Steve Meroshnekoff  
Joe Pimentel  
(National BOD)  
Stephanie Swain  
Linda Thomason  
Phil Young  
(National BOD Alternate)

**Incoming  
R1 BOD:**

Davern Kroncke  
(re-elected)  
Phil Young  
(elected R1 BOD)  
Linda Thomason  
(elected NBOD Alternate)  
Jamie Dieterich  
(appointed NBOD)

**LL Editor:**  
Laurie Knuutila

**Webmaster:**  
Donna Stidolph

**Ride Secretaries 2014  
with Gratitude and  
Appreciation**

**Mt. Diablo:**  
Jessie Simons

**Cowboy Camp Clinic:**  
Darlene Schlerf

**Cowboy Camp / R1 Benefit:**  
Sherry Lindley

**Round Valley:**  
Linda Thomason

**Bald Mountain Butt Buster:**  
Jenny Daniels

**Georgetown:**  
Laura Harvey

**Jackson Forest:**  
Maria Pilgrim

**Lake Mendocino:**  
Maria Pilgrim

Region 1 has a  
Facebook Page!



Find us at  
NATRC Region 1

## Region 1 Appreciation

### Josette Brault & Leslie Vandersyde Helpers Extraordinaire

What would we do? Where would we be without people like Josette Brault and Leslie Vandersyde?

Former competitors, their talents and willingness to help have been put

to use in recent years as safety riders, presenters and mentor riders at the Cowboy Camp Clinic, judges' secretaries, drivers and trail markers. In many ways, they have "been there – done

that," and have become quite happy to be working quietly, efficiently and competently behind the scenes. They are truly helpers extraordinaire, and we are truly grateful!

### Ron York

Submitted by Ashley Dillard

Tough, sensitive, helpful, loyal friend are just some of the adjectives that describe Ron York. Ron started volunteering on the P&R crew when his wife, Debbie, began riding with us. He told Steve, "I know nothing," but Steve took him "under his wing" and soon Ron became a one man team - holding a horse for a rider, taking a jacket, getting water for a thirsty rider, or calming an unruly horse.

Ron got a horse and rode in the Novice Division until he had two knee

surgeries. He returned to the P&R team, and Steve happily told him, "If your horse ever comes up lame, I had NOTHING to do with it."

Ron was back in the saddle the following year and took the comments of the horsemanship judges to heart – especially those about his position in the saddle. Every once in a while he can be heard to yell out, "Light in the saddle," and now we jokingly shout it back and forth to each other as we ride.

This phrase has since taken on a deeper meaning. Ron is a light-hearted, easy going guy who is everyone's friend. He may not always be light in body, but he is light and fun in spirit.

So next time you see Ron on the trail just yell to him, "Light in the saddle" and feel your spirit rise. Maybe this phrase could become a metaphor for life and a bond of friendship we can all share as we ride down the trail of life.

### Greg Fellers, DVM

rider feedback on their horse's condition and soundness.

He never rushes a rider but takes the time to explain why and what he's looking at. If there's a problem, he's willing to explain what he thinks it is and how it's affecting the horse. He is warm, funny, and just a great guy to be around. He makes everyone, both the

veteran NATRC rider and the newbie Novice alike feel so welcome.

Even though he moved to R2, he has gone out of his way to judge rides in R1 and offer guidance to our sport. He's a great veterinarian and a great judge, but it's the humanity of the man that will always impress us the most.

Region 1 takes this opportunity to say thank you, Greg.

### Laurie Knuutila

Submitted by Karel Waugh

to a fault. She conditions her horses for others to ride, puts on clinics, and supports the local 4-H. By now you know that this super woman is Laurie Knuutila from Alaska.

Lezlie Wilfer, a good friend and long-time ride volunteer, summed it up pretty well: "Laurie is intelligent, resourceful, methodical, and detailed; she completes every project to the best of her abilities. She sets a high

standard, always keeping the rider's point of view and safety in mind."

I've judged Laurie's ride and am always amazed at how much work she does even with a terrific group of volunteers. Watching her out on her ATV hanging ribbons and crossing rivers, you get the feeling she can handle most anything that Alaska throws at her. Congratulations to a terrific worker, editor and friend!

The gal about to receive this recognition is one of the hardest working people I know. She's been a ride manager, trail master, trail clearer, map maker, ribbon hanger, editor of three newsletters - you name it, she's done it all.

She lives in a rugged area and contends with gully-washer rains, muddy trails, and the occasional bear or moose on the trail. She is generous

# Region 1 Year End Awards

## **Novice Division**

### **Novice Heavyweight Horsemanship**

- 1<sup>st</sup> Sheila Christiansen  
2<sup>nd</sup> Beverly Downs

### **Novice Junior Horsemanship**

*Ribbons sponsored by Haley Schlerf*

- 1<sup>st</sup> Karlie Johnson  
2<sup>nd</sup> Kirsten Johnson  
3<sup>rd</sup> Sophia Cichocki  
4<sup>th</sup> Megan Smith  
5<sup>th</sup> Claire Cichocki  
6<sup>th</sup> Molly Anderson

### **Novice Heavyweight Horse**

- 1<sup>st</sup> JD Jim Dandy / Grade  
Beverly Downs  
2<sup>nd</sup> Cooper / Grade  
Sheila Christiansen

### **Novice Lightweight Horse**

*Ribbon sponsored by Phil and Betty Young*

- 1<sup>st</sup> Bodacious  
Tailfeathers / Grade  
Kay Lieberknecht

### **Novice Junior Horse**

*1<sup>st</sup> place sponsored by Phil and Betty Young*  
*Ribbons sponsored by Haley Schlerf*

- 1<sup>st</sup> Carson El Maj / Arabian  
Karlie Johnson  
1<sup>st</sup> Lucky Eddie / Grade  
Kirsten Johnson  
3<sup>rd</sup> Pipi / Mustang  
Megan Smith  
4<sup>th</sup> Denebaborr / Arabian  
Ilsa Madison  
5<sup>th</sup> Lola / Grade  
Claire Cichocki  
6<sup>th</sup> Jezebel / Grade  
Hunter Jordan

## **Competitive/Pleasure Division**

### **Competitive/Pleasure Horsemanship**

*1<sup>st</sup> Place sponsored by Joe and Ashley Dillard*  
*Ribbons sponsored by Linda Thomason*

- 1<sup>st</sup> Haley Schlerf  
2<sup>nd</sup> Joe Dillard  
3<sup>rd</sup> Debbie York

### **Competitive/Pleasure Horse**

*1<sup>st</sup> Place sponsored by Ron and Debbie York*  
*Ribbons sponsored by Linda Thomason*

- 1<sup>st</sup> HM Raina  
Bo Surely / Half Arabian  
Haley Schlerf  
2<sup>nd</sup> OM El Bilbao / Arabian  
Debbie York  
3<sup>rd</sup> OM El Shakeeb  
Dream / Arabian  
Joe Dillard

## **Region 1 High-Point Breed Awards**

Awards created by Angie Meroshnekoff

### **Arabian:**

Carson El Maj

Karlie Johnson

### **Half-Arabian:**

HM Raina Bo Surely

Haley Schlerf

### **\*Mustang:**

Desert Reinbeau

Angie Meroshnekoff

### **Paint:**

YS Tyrone

Davern Kroncke

### **Grade:**

Lucky Eddy

Kirsten Johnson

\* National High Point Mustang; presented at the National Convention by the North American Mustang Association

## **Open Division**

### **Open Heavyweight Horsemanship**

*Ribbons sponsored by Linda Thomason*

- 1<sup>st</sup> Gene Boicelli  
2<sup>nd</sup> Laura Harvey  
3<sup>rd</sup> Jean Armer  
4<sup>th</sup> Davern Kroncke

### **Open Lightweight Horsemanship**

*1<sup>st</sup> Place sponsored by Brian and Darlene Schlerf – B.A.S. Roofing*  
*Ribbons sponsored by Brian and Darlene Schlerf – B.A.S. Roofing*

- 1<sup>st</sup> Angie Meroshnekoff  
2<sup>nd</sup> Donna Stidolph  
3<sup>rd</sup> Stephanie Swain

### **Open Heavyweight Horse**

*1<sup>st</sup> Place sponsored by Linda Clarke*  
*Ribbons sponsored by Linda Thomason*

- 1<sup>st</sup> Amiraborr / Arabian  
Gene & Vicki Boicelli  
2<sup>nd</sup> Pistol Pete DF / Arabian  
Jean Armer &  
Laura Harvey  
3<sup>rd</sup> YS Tyrone / Paint  
Davern Kroncke

### **Open Lightweight Horse**

*Ribbons sponsored by Brian and Darlene Schlerf – B.A.S. Roofing*

- 1<sup>st</sup> Desert Reinbeau / Mustang  
Angie Meroshnekoff  
2<sup>nd</sup> Sierra Sunshine / Grade  
Donna Stidolph  
3<sup>rd</sup> Palistar / Arabian  
Stephanie Swain

## Region 1 Special Awards

### **Bob Smith Award**

High Point 1st year  
Novice or CP horse  
*Sponsored by:  
Nancy Kasovich*

Carson El Maj / Karlie Johnson

### **Pat Ersepke Award**

High Point Novice  
Horse/Rider Combo  
*Sponsored by: Brian and Darlene  
Schlerf, B.A.S. Roofing*

Carson El Maj / Karlie Johnson

### **Fran & Carol Duport Award**

High Point  
1st Year  
Open Horse

Palistar / Stephanie Swain

### **Wonder Workers**

#### **Hats for working 15 rides:**

Linda Thomason  
Darlene Schlerf

#### **Jacket for working 30 rides:**

Brian Schlerf

#### **100% Club all R1 2014 rides as rider or volunteer and mini-convention:**

Angie Meroshnekoff  
Steve Meroshnekoff  
Donna Stidolph

## Region 1 Awards at the National Level

*These awards were presented February 21, 2015, at the National Awards Banquet, Kansas City, MO.*

### **Team Awards**

Team awards recognize combined horse and horsemanship. All points for rides in which the same horse and rider combination competed are added together. At least three rides must be completed to qualify for annual awards.

#### **Novice Heavyweight Team**

No R1 Novice Heavyweight  
Qualified

#### **Novice Lightweight Team**

No R1 Novice Lightweight  
Qualified

#### **Novice Junior Team**

*1<sup>st</sup> & 2<sup>nd</sup> place ribbons sponsored by  
Angie Meroshnekoff  
3-6 places sponsored by  
Erin Glassman*

1. Carson El Maj / Arabian

Karlie Johnson

97 pts

2. Lucky Eddie / Grade

Kirsten Johnson

93 pts

3. Pipi / Grade

Megan Smith

40 pts

4. Denebaborr / Arabian

Ilsa Madison

35 pts

5. Beauhemian / Grade

Molly Anderson

32 pts

6. Jezebel / Grade

Jordan Hunter

26 pts

#### **Competitive Pleasure Team**

*Sponsored by Region 1*

1. HM Raina Bo Surely / Half Arabian  
Haley Schlerf 122 pts
2. Om El Shakeeb Dream / Arabian  
Joe Dillard 90 pts
3. OM El Bilbao / Arabian  
Debbie York 86 pts

#### **Open Heavyweight Team**

*Sponsored by Region 1*

1. Amiraborr / Arabian  
Gene Boicelli 53 pts
2. Pistol Pete DF / Arabian  
Laura Harvey 40 pts

#### **Open Lightweight Team**

*Sponsored by Region 1*

1. Desert Reinbeau / Mustang  
Angie Meroshnekoff 113 pts
2. Sierra Sunshine / Grade  
Donna Stidolph 87 pts
3. Palistar / Arabian  
Stephanie Swain 41pts

#### **Open Junior Team**

*No R1 Open Junior Team*

*Qualified*

**Thank You...**  
To Trisha Taniguchi!  
She is our new  
Trails Advocate.  
Thank you, Trisha,  
for volunteering for  
this important  
assignment!

## National Awards

Announced at National Convention

### Competitive Pleasure High Average Horsemanship *Sponsored by Erin Glassman*

1. Haley Schlerf      99.831%

### 2014 National Champions

*All ribbons Sponsored by:  
Nancy & Bill Sluys  
Region 1*

Desert Reinbeau / Mustang  
Angie Meroshnekoff

### 2014 Rider High Mileage Chevron & Medallion Awards

**9,000 Miles**  
Angie Meroshnekoff

**10,000 Miles – Gold Medallion**  
*Sponsored by R1*  
Jean Armer

### 2014 Horse High Mileage Awards

**1,000 Mile Horse Award**  
Om El Shakeeb Dream / Arabian  
Joe Dillard

**6,000 Mile Horse Award**  
Desert Reinbeau / Mustang  
Angie Meroshnekoff

### Overall Open Lightweight Horsemanship *Sponsored by R1*

1. Angie Meroshnekoff      164 pts

### Overall Open Lightweight Horse *Sponsored by R1*

2. Desert Reinbeau / must /  
Angie Meroshnekoff 169 pts

### Jim Menefee Memorial Combined Horse & Horsemanship Award

*Perpetual Trophy Donated by Jack Menefee  
Trophy engraving sponsored by  
Lory and Randy Walls*

Angie Meroshnekoff /  
Desert Reinbeau      333 Points

## NATRC Student Loan Program

Student loans are available up to \$5,000 per person /year, at the discretion of the NATRC National Board of Directors, after proper application has been submitted. Preference will be given to a full-time student who has been a member of NATRC or whose family has been an active member for at least three years. Consideration will also be given to a student or a student's family who has been an active member of NATRC for less than three years but more than six months.

For more details and an application, please go to: [www.natrc.org](http://www.natrc.org).



### Get NATRC E-News

NATRC E-News is the official electronic communication channel of our organization. E-News is a subscriber-based electronic marketing software from Constant Contact.

With E-News, you can receive electronic announcements on upcoming NATRC rides and clinics, new sponsors and special offers, NATRC promotions and contests, and general NATRC information including details on rules changes and proposals as well as regional and national Board minutes in a timely manner by subscribing now.

To begin receiving NATRC E-News, simply go to the NATRC website (<http://www.natrc.org>), click on "Join/Renew" along the top, then select "Join NATRC E-News." After you are directed to the E-News sign-up page, you can choose to receive a variety of different types of announcements.

If you would like to send NATRC information to all subscribers or just specific regions, contact Jean Green ([jgreen@martineer.net](mailto:jgreen@martineer.net)) or the National office ([natrc@natrc.org](mailto:natrc@natrc.org)) for help to put your announcement on the official NATRC electronic communication channel.

## NORTHERN CAL APPALOOSA ASSOCIATION

P.O. Box 672, Orland, Ca 95963

Affiliated ApHC & CSHA

### ATTENTION NATRC Region 1

NORTHERN CAL APPALOOSA ASSOCIATION  
WANTS TO AWARD APPALOOSA HORSE RIDERS HIGH POINT  
PLAQUES AT YOUR EVENTS!!!

CAN YOU HELP US OUT?

NCAA would like to award High Point awards (plaques) to Appaloosa horse riders at your events. We pay for the plaques and see that the winner receives the plaque after the event(s). We have the plaques personalized with the rider and horse names, the name of the club that held the event and the dates of the events in the series.

NCAA would like you to include on your flyer that an Appaloosa High Point Series Award will be offered at your event. NCAA can help advertise your events in their publications to let Appaloosa Horse owners know that YOUR events are offering this award and encourage them to come and participate in YOUR event. You just need to send us a flier with the Hi Pt Appaloosa Award mentioned on it.

We require that the horse and rider participate in the majority of the events scheduled in your series of events (as in 3 of 5 or 5 of 7) and there must be at least 2 Appaloosa horses in that event. We also require that your point keeper separate out those horses and riders. We need only be involved at the end of the series, not each individual event.

If you find your point keeper can't do this, we can do the point keeping if you will provide us with the raw data: horse, rider, address, number of competitors in the class and class competed in, with their placing.

Our requirement is that the horse is an obvious Appaloosa by coat pattern with no requirement that papers be shown. However, if a competitor of a solid Appaloosa is willing to provide your event secretary with registration papers, they are eligible as well.

Our motivation? NCAA is not producing any shows in 2015 but realize that Appaloosas are showing in the area and would like to honor the horses and competitors.

This additional award at your event would be to both our advantages, as it will encourage Appaloosa owners to participate in your events and enable us to "Honor the Appaloosa".

We do hope you will participate. Contact us for any additional information or with your event flyer.

Harriette teGroen - [whiningwoman@frontiernet.net](mailto:whiningwoman@frontiernet.net)  
530-472-3453

Kathy Smart – [smartdomino@earthlink.net](mailto:smartdomino@earthlink.net)  
530-865-5367

### Ride Management Support Fund

Thanks to a very generous donation, NATRC is offering an opportunity for new ride managers or managers of rides in new locations to apply for a grant of up to \$1000 to help defray the costs of your NATRC-sanctioned Competitive Trail Ride.

For an application, please contact our [National Office](#). Managers must be NATRC members, and the one-page grant application, with supporting documents, must be submitted at least 90 days prior to the event.

### Reminder from the Points and Data Committee

Cheri Jeffcoat

1. To be eligible for year-end awards, membership dues must be paid by the second Sunday in November, the end of the Ride Year.
2. It is the responsibility of the owner of the horse to accurately report/ verify the horse's breed to NATRC.
3. Year-end breed awards. Many breed organizations sponsor year-end high point breed awards. Memberships in NATRC **and** the breed association are required.
4. Questions about the horse and/or rider records should be directed to NATRC, [natrc@natrc.org](mailto:natrc@natrc.org).



## Highlights of the National Board Meeting

From the National Board Meeting held Feb 19<sup>th</sup> 2015 in Kansas City Mo.

There are a few rule change proposals coming up, a change in Novice eligibility for very experienced and high mileage riders, a 2<sup>nd</sup> try at proposing year end awards for Novice riders at the National level, an adjustment in the number of points required to obtain a National Championship in CP division, a proposal to change the points distribution for the Open division for how a Sweepstakes is awarded, a clarification of what is allowed as a part of hoof boots, and a change in the safety rider requirement. See the Hoof Print for full details. Please read these proposed rule changes thoroughly and if you have questions, comments or

concerns – be sure to bring these to any of the Region 1 board members. We would love to have the membership input.

Our exposure in Social Media continues to grow; the national Facebook Page and the Facebook groups both have large increases in contacts. Board Members were encouraged to take a more active role here.

Our region showed a slight increase in ridership last year over the previous 2 years which is very good news, but we need to keep this up.

Sharing and maintaining trails continues to be high priority. We hope to be doing more cooperative projects with Backcountry Horsemen.

One of the biggest topics at the meeting was marketing. Specifically how

to market our sport to the general horse public, how to get our name out there and be seen. More of this is addressed in the Spring issue of the *Hoof Print* and will be discussed in the coming year.

And lastly, the National Convention in 2016 will be once again hosted by Region 1 and held in conjunction with AERC in Reno. Here's a great chance for you to share your talents and help make this a successful event, we don't have an exact date yet so watch the LL or our website for more information and don't hesitate to volunteer.

Submitted by

*Angie Meroshnekoff*

### MEMBERSHIP FORM – Renew, Join or Buy Items online at [www.natrc.org](http://www.natrc.org) or use this form.

Memberships run from January 1 - December 31. We offer six membership plans: four Regular; two Lifetime. We also offer a Platinum Upgrade which adds personal excess liability coverage to our family and single plans.

#### CHECK PLAN DESIRED      Renewals receive a 4" NATRC Decal as an Appreciation Gift!

All memberships include: electronic national newsletter-*Hoof Print*, your region's newsletter, E-News subscription, eligibility for annual national and regional high score awards and championships, horse and rider mileage awards, reduced ride entry fees, sponsor discounts, member services, and automatic membership in your region.

#### REGULAR

FAMILY.....\$90 /yr Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)

SINGLE .....\$60 /yr Single adult member (1 vote)

ASSOCIATE... \$50 /yr Equine groups or businesses only (no vote)

JUNIOR.....\$40 /yr Single Junior under age 18 (no vote)

#### LIFETIME (One-time payment)

FAMILY... \$10,000 Same

SINGLE... \$ 5,000 Same

**Platinum Upgrade:** Platinum members receive insurance benefits thorough Association Resource Group-ARG. Platinum members receive personal excess liability coverage with a \$1,000,000 policy limit. Coverage is for claims brought against members of NATRC (Platinum) arising from the use and/or ownership of a horse and for horse-related accidents involving third party bodily injury or property damage. Coverage will apply when engaged in any horse related activity, and coverage is in excess of any existing valid and collectible insurance. There is no deductible. Professional Liability is not included. Business exposures are excluded.

FAMILY.....\$40 /yr  SINGLE.....\$20 /yr  NO UPGRADE.....\$ 0 /yr

#### NATRC Specialties (Optional)

Patch (inc. w/new membership). ....\$5.00

10" Round NATRC Emblem Sticker...\$5.00

4" Round NATRC Emblem Sticker...\$3.00

A Rule Book is free with your membership. To save NATRC \$\$\$\$, the Rule Book can be downloaded from [www.natrc.org](http://www.natrc.org) or a hard copy can be requested by checking here

**PRINTED HOOF PRINT** (Optional) *Hoof Print* will be delivered electronically. For a print copy, add \$15 & check box:   
**\$ TOTAL ENCLOSED** \_\_\_\_\_ (Colorado residents please add 2.9% on Specialty Items)

Please list first and last names, especially those with different last names, of all competing family members.

Name(s) \_\_\_\_\_ Jr(s) Birthdates \_\_\_\_\_

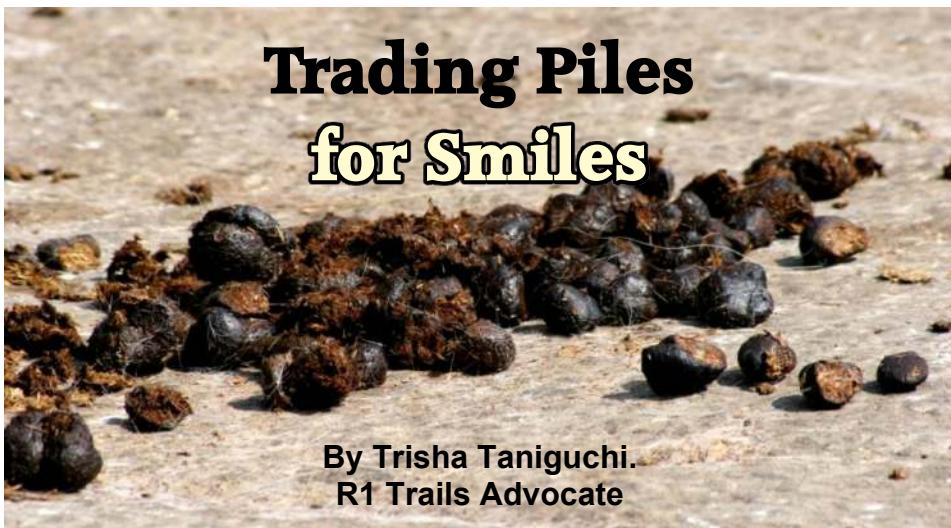
Street \_\_\_\_\_ City \_\_\_\_\_

State, Zip \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_ (We need your email for delivery of *HOOF PRINT*. It will not go outside of NATRC. Thanks!)

New member? Will you share how you found out about NATRC?

\*\*\*\*\* Mail completed form and check to : NATRC, PO Box 224, Sedalia, CO 80135 \*\*\*\*\*



# Trading Piles for Smiles

By Trisha Taniguchi.  
R1 Trails Advocate

As equestrians strive to keep our access to trails, it is important for us to consider how others view our practices when we use them. The perceived problems of horse manure left behind for the other trail users can heavily influence a land manager's decision to allow or discontinue equine access. This is becoming a more prevalent problem in our Bay Area parks and suburban regions. In a recent article, ETRAC suggests that it is our duty to "clean up our act" in order to maintain the privilege of riding in these wonderful places.

Unlike dog droppings, horse manure degrades relatively fast and is not known for carrying diseases that can be transmitted to humans. This is most likely why there are no California laws regulating it. However, manure piles can be negatively perceived by non-equestrians who can be im-

pacted by such things like fouling bikers' chains, burdening hikers who must navigate around inconvenient piles, and just plain irritating private property owners. Thus, we must be conscientious of our impact and take action to keep trails clean in order to coexist with other trail enthusiasts and land owners so that equestrians can continue to enjoy these areas.

A few simple solutions can be implemented each time we ride to address this issue. While on the trails or road ways, encourage your horse to step off the main path before s/he drops a load. After the fact, scooting the pile to the side is a good alternative. Before leaving trail heads, we can scoop manure into the trailer to compost at home. Together we can keep the trails and suburban roads devoid of manure and full of equestrians!

THE LEADLINE is the official publication of Region 1 of the North American Trail Ride Conference (NATRC). The Leadline is published three times per year and mailed or emailed to all NATRC Region 1 members. It is available by subscription to non-Region 1 members at \$8 per year. Issues contain updated information from Region 1 committees, ride results, point standings, minutes of board meetings, and the current Region 1 ride schedule. Send subscription requests and payments (made out to NATRC Region 1) to Phil Young, 2384 Templeton Dr, Redding, CA 96002. Contributions are welcome and may be sent to Laurie Knuutila, 455 Ream Lane, Fairbanks, AK 99712 or email to [wildrosept@yahoo.com](mailto:wildrosept@yahoo.com). NATRC Region 1 and The Leadline do not necessarily endorse or support the opinions expressed in printed articles or advertisements. The Editor reserves the right to edit material as necessary. No letters to the Editor will be printed if not signed. NATRC and the staff of The Leadline are not responsible for errors in spelling of horses' or riders' names.

#### Deadlines:

Spring issue - Submission: April 15; Publication: May 1  
Summer issue - Submission: August 1; Publication: Aug. 15  
Fall/Winter issue - Submission: Dec 15; Publication: Jan. 1

Classified ads are free to Region 1 members in good standing, one per issue, up to 30 words. Submit ads to the Editor via email or as hard copies via regular mail; hard copies will be scanned as submitted. Make checks payable to NATRC Region 1.

## Attention All 4-H Horse Members!

To encourage participation by 4-H members, NATRC offers a 4-H Junior Rider Year End High Point Award.

- The award goes to the high point rider and high point horse **regardless** of the rider's division.
- The award is a self-nominating award. The nomination must occur before the end of the ride year, which is the second Sunday in November. This year, it will be November 8, 2015. The rider must (1) be a member of NATRC (2) send Laurie DiNatale an email ([natrc@natrc.org](mailto:natrc@natrc.org)) stating that they are a 4-H member and (3) have their 4-H leader verify that they are a member with an email to Laurie DiNatale ([natrc@natrc.org](mailto:natrc@natrc.org)).

In a number of states (Colorado is one example), 4-H now recognizes competitive trail as an activity that qualifies as a 4-H member's project.

Questions? Contact Angie Merosh-nekoff, [awhitedog@aol.com](mailto:awhitedog@aol.com), Chair, Riders and Juniors Committee.

## GoodSearch & GoodShop

NATRC can receive one penny for each internet search using GoodSearch as the search engine. You wouldn't think that could add up to much, but it does. And you can shop using GoodShop, which includes all the big retailers, with up to 30% going to NATRC. Turn your search and shopping into dollars. If you haven't already, please consider going to [www.GoodSearch.com](http://www.GoodSearch.com) and setting North American Trail Ride Conference-NATRC (Sedalia, CO) as your preferred charity.

#### Advertising rates per issue:

Full page—\$40  
Half page—\$20  
Quarter page—\$10  
Business card—\$5

# Feeding Endurance Horses Day to Day

By Kentucky Equine Research Staff · October 10, 2011 [www.ker.com](http://www.ker.com)

Endurance horses are arguably the most complicated equine athletes to feed correctly. Although research on feeding for long-distance, low-intensity work is still ongoing, equine nutritionists have devised a general nutritional strategy based on current knowledge to give you and your horse the best chance of success, whether you want to be first over the line, or you just want to complete the ride with a happy, healthy horse.

At the Kentucky Equine Research (KER) facility in the United States, five Arabian horses were used specifically for endurance research. The results of feed trials with these horses, along with international consultation to a huge number of clients, led to a better understanding of how nutrition affects performance, and how critical correct nutrition is for the endurance horse. The following recommendations for day to day training are based on KER's research and experience with endurance horses.

## **Feed diets high in good-quality forage such as pasture, grass hay, or mixed grass/legume hay.**

These forage sources can be fed free choice to endurance horses. Horses have evolved to survive on forage, so it is the best possible feed for gut health. Forage provides slow-release energy that is by far the most important energy source for endurance horses. Pasture is best when it is good quality, containing high levels of protein and most of the essential vitamins and minerals.

Lucerne (alfalfa) hay is beneficial as it is high in energy, but its use should be limited, as high daily protein and calcium levels can be detrimental to race-day performance. High levels of calcium in the daily diet can interfere with calcium mobilization from bone for use during work. High-protein diets increase body heat, urine production, and water needs—all bad news for endurance horses. It is a good idea to feed lucerne as chaff mixed with hard

feed rather than as the major forage source. Apart from supplying essential dietary energy, hay and forage stimulate water consumption. For every kilo (2.2 lb) of dry hay intake, horses consume up to four litres (one gallon) of water. This can be very beneficial when trying to get horses to drink during and after a hard training ride.

## **Feed a high-fat diet.**

During exercise, it is desirable that endurance horses utilise fat rather than muscle and liver glycogen as their major energy source. Feeding fat on a daily basis during training gets the horses' metabolism used to utilising fat during exercise. Research has shown that endurance horses fed fat for a period of eight to ten weeks mobilise and utilise fat to a greater extent during exercise than horses not fed fat or given fat only in the short lead-up to the race. High-fat feeds, oils, and rice bran products are all excellent sources of fat for endurance horses. Diets high in fat have the added advantage of being more energy-dense, meaning that you can feed less than conventional grain diets and still get the same amount of energy, which is great for horses with poor appetites.

## **Supplement electrolytes.**

During daily training, a good-quality electrolyte supplement can be invaluable. If conditions are hot and humid, electrolyte requirements are elevated. As horses sweat during training, they lose salt as well as water. Sweating increases thirst as body salt concentrations increase with the loss of water. Providing electrolyte supplements after training rides replenishes body salt concentrations and stimulates thirst. Feeding 50 g of loose salt per day in feeds is a good way to maintain sodium and chloride levels during early training stages and can be continued right through to competition as insurance against sodium imbalances. A commercial electrolyte containing all



four essential electrolytes should be used on hard training rides.

## **Feed sufficient energy for work.**

There is no reason for endurance horses to look overly lean and skinny, though many horses are seen with obvious ribs and pronounced hip bones at endurance events and are accepted as the norm. Although excessive weight is undesirable, good body condition is vital for health and performance. Endurance horses have extremely high daily energy requirements. As well as forage and fat, starch in the form of grains is an important source of dietary energy. As with all horses, small meals should be given at least two or three times daily, with no more than 2 kg (4.4 lb) of grain in any one meal. Processed grains (i.e., steam-flaked/rolled, pelleted, extruded, micronised) are excellent for endurance horses. They are more digestible than unprocessed grains and reduce the risk of starch overflow to the large intestine. Highly digestible sources of fibre are an excellent slow-release form of energy for endurance horses. In the United States and Europe, endurance riders feed sugar beet pulp and soy hulls as a major part of the diet for their high-fibre, low-starch contents. These are great sources of energy that reduce the requirement for grain and thus lower the chances of grain overload or tying-up during exercise. In Australia, soy hulls are sometimes available, as are lupins, which have similar benefits. Lupins are also high in protein so their inclusion in the diet should be limited to 1.5 kg (3.3 lb) or less per day.

## **Maintain balanced levels of vitamins and minerals.**

It is important to maintain balanced nutrition in all horses, but it becomes more

(Continued on page 14)

(Continued from [page 13](#))

important to provide horses with the substrates necessary to build, repair, and maintain correct function of body systems when we place high exercise demands on them. Endurance horses in training require higher levels of many of these vitamins and minerals than horses at rest. A broad-range bio-available vitamin and mineral supplement should be fed if horses are not receiving a commercial mixed feed already fortified with vitamins and minerals. Vitamin E and selenium are especially important for endurance horses. These are antioxidants that

help muscles to cope with and recover after work and increase immunity to disease. Supplemental natural vitamin E can be particularly useful during hard workouts and competitions in maintaining adequate antioxidant levels in the muscle tissue.

#### **Ensure a constant supply of fresh, clean water.**

A constant concern with endurance horses is ensuring correct hydration levels. This is just as important during training as it is during competition. Encouraging horses to drink at every opportunity starts long before the

endurance ride competition. A combination of feed management (i.e., feeding hay and electrolytes to stimulate thirst, wetting feed, and acclimatising horses to eating wet slurry-type feeds during work) and hygiene (cleaning water troughs, buckets, and feed troughs regularly) goes a long way to keeping the horse in tip-top condition before competition and will assist you in the quest for good hydration during the race. Feeding succulents such as carrots and apples can also help provide water to the horse and add interest to the diet.

## **Penalizing the Horse for Rider Error**

Jamie Dieterich, R1 Horsemanship Judge, with help from the late, great Bev Tibbitts

The question is often asked why - in NATRC competitions - points are taken off on the horse scorecard for things that seem to be the fault of the rider. I had trouble with this concept myself when I took the test for my horsemanship judge's card. I'm going to quote what the late great Bev Tibbitts wrote in a letter to me (August 1982) discussing my test results: "Let's look at cinch galls. Say a horse has a cinch gall. Let's even elaborate and say it is bloody and suppurating and swollen all around and any other bad picture you can visualize with this poor animal. This is at the end of the ride. All horses have been inspected. To this point, our galled horse has 100 points, still the only horse with 100 points after the (final) inspection. Would you call that horse the sweepstakes horse? You'd be strung up, Y 'know. And rightly so, because regardless of the cause, which is obviously the cinch and/or its adjustment, this horse is not sound....

"What about time penalties? Should we let riders come in any time of the early afternoon or late at night and not penalize

the horse? Can you imagine how our management would look on life in terms of putting on a ride? ...if a horse crosses the finish early, would you not penalize it even if you thought maybe the rider was simply ignorant? Maybe the horse was ill-mannered and the rider abandoned all attempts to control the pace. At the other end of the spectrum, supposing a horse crosses the finish late, and during the day you had noticed the rider dawdling along. Looks like the rider's fault. But 2 days after the ride, a friend whose judgment you trust tells you that the horse refused a number of the climbs, and that the rider had to all but beat

the horse to motivate him forward, losing a lot of time in the process....

"As regards then your question (remember Bev Tibbitts is talking to me) about faulting the horse for what seems rider cause, perhaps I can best explain NATRC's position by saying that because of the faulting of the horse in all the ways NATRC veterinary judges do, riders are stimulated/motivated to work out marvelously technical (and non-technical) ways of dealing with problems to prevent their reoccurrence. The sharp riders work out cinch adjustment, the kind of cinch, varieties of saddle padding, etc....You can see then, huh?, that faulting the horse results in an ultimate good."

Bev's explanation helped me a lot. For one thing, an unsoundness is an unsoundness. Of course, the rider is also faulted for rider error. Riders care about their horses and their horse's scores. If the horse loses points, the rider is then more motivated to correct/prevent the problem. I hope this helps some of you, too.

#### **Junior Rider Rebate**

Junior riders who are NATRC members by the second Sunday in November of a ride year and complete 2 or more rides in that same ride year are eligible to receive a rebate of \$30 per completed ride for up to 3 rides. Please contact [Phil Young](#), R1 Treasurer, for more details.



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## The Leadline

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2384 Templeton Drive  
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